

Independent Living~October 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|--|---|---|--|
| 1 Catholic Liturgy 9:30 Pick up service to: Augustana Lutheran 10:00 Catholic Liturgy-1 2:00 Movie-1 2:15 Skip-Bo-LR 2:25 Broncos/Raiders-T | 2 Book Mobile 10:00 Exercise Class-LR 11:15 Book Mobile-East Side of Building 2:00 Bridge-L 6:30 Crossword Puzzle-LR | 3 10:00 Arthritis Exercise-LR 10:30 Current Events-1 2:00 Blackjack-1 2:00 Men's Bridge-L 3:45 Book Club-1 6:45 Bingo-1 | 4 10:30 Smart Moves-LR 10:30 Out: Fall Leaves 1:30 Out: Fall Leaves 1:45 Protestant Worship-3 2:00 Bridge-L 6:30 Jeopardy-LR | 5 Full Moon/Sukkot 10:00 Ninety Degree Yoga with Elena-1 10:45 Montessori Visit-LR 2:30 Albert Galli-LR Sax, Vocals, Clarinet 3:45 Canasta Refresher-1 6:45 Bingo-1 | 6 10:00 Out: King Soopers 10:30 Strength & Balance Class-LR 2:00 Out: King Soopers 4:30 Happy Hour-LR | 7 12:15-1:15 Affordable Jewelry-LR 2:00 Bridge-L 2:00 Movie-T 2:00 Out: Scenic Ride 6:45 Movie-T |
| 8 9:30 Pick up service to: Augustana Lutheran 2:00 Movie-T 2:00 Ladies Eight Ball-B 2:15 Pinochle-LR 2:15 Sequence-LR | 9 Columbus Day Firefighters Week 10:00 Exercise Class-LR 2:00 Bridge-L 2:00 Culinary Meeting-DR 5:00 Out: Dinner at Senor Ric's | 10 10:00 Exercise Class-LR 10:30 Current Events-1 2:00 Blackjack-1 2:00 Men's Bridge-L 3:45 Canasta Refresher-1 6:30 Out: Lamont Symphony | 11 Flu Shots/Postal Van 10:30 Smart Moves-LR 10:30 Out: Macy's Cherry Ck 12:30-2:30 Flu Shot Clinic-LR 1:30 Out: Rite Aid 1:45 Protestant Worship-3 2:00 Bridge-L 2:10 Postal Van-Front Entry 3:00 Five Crowns-LR 6:45 Bingo-1 | 12 10:00 Ninety Degree Yoga 10:45 Montessori Visit-LR 2:30 Birthday/Welcome Dan McClerren-LR Sax, Hammered Dulcimer, Keyboard 3:45 Activity Meeting-1 6:45 Bingo-1 | 13 Navy's Birthday (1775) 10:00 Out: King Soopers 10:30 Strength & Balance Class-LR 2:00 Out: King Soopers 2:00 Sabbath Service-1 4:30 Happy Hour-LR | 14 2:00 Bridge-L 2:00 Movie-T 2:00 Out: Scenic Ride 2:15 Bananagrams-LR 6:45 Movie-T |
| 15 9:30 Pick up service to: Augustana Lutheran 2:00 Movie-T 2:15 Mexican Train-LR 3:00 Coffee & Cookies-B 6:30 Broncos/Giants-T | 16 Dictionary Day Book Mobile 10:00 Exercise Class-LR 11:15 Book Mobile-East Side of Building 2:00 Bridge-L 6:30 Scrabble-LR | 17 10:00 <i>NEW</i> Chair Chi-LR 10:30 Current Events-1 2:00 Blackjack-1 2:00 Men's Bridge-L 3:45 Phase Ten-LR 4:00 Catholic Communion-1 6:45 Bingo-1 | 18 9:30 Podiatrist-Bathtique 10:30 Smart Moves-LR 10:30 Out: Stein Mart 11:00 Coffee & Donuts-LR 1:30 Out: Banking 1:45 Protestant Worship-3 2:00 Bridge-L 2:45 Rummy-LR 6:30 Crossword Puzzle-LR | 19 10:00 Ninety Degree Yoga with Elena-1 10:45 Montessori Visit-LR 2:00 Men's Eight Ball-B 2:15 Jummy-LR 3:15 Resident Mating-T 6:45 Bingo-1 | 20 Performance Tonight 10:00 Out: King Soopers 10:30 Strength & Balance Class-LR 2:00 Out: King Soopers 4:30 Happy Hour-LR 7:00 Opera Fanciers Perform-LR | 21 Women's Boutique 11:00-3:00 Couture Chez Vous-LR 2:00 Bridge-L 2:00 Movie-T 2:00 Out: Scenic Ride 6:45 Movie-T |
| 22 9:30 Pick up service to: Augustana Lutheran 2:00 Movie-1 2:15 Rummy 2:15 Pinochle-LR 2:25 Broncos/Chargers-T | 23 Active Minds 10:00 Exercise Class-LR 2:00 Bridge-L 2:30 Active Minds-DR "Venice" 6:30 Wheel of Fortune-LR | 24 Performance Today 10:00 Arthritis Exercise-LR 10:30 Current Events-1 2:00 "Harmomics" Perf-LR 2:00 Men's Bridge-L 3:00 Blackjack-1 6:45 Bingo-1 | 25 10:30 Smart Moves-LR 11:00 Out: Helga's German Rest. 1:45 Protestant Worship-3 2:00 Bridge-L 2:30 Root Beer Floats-LR 3:00 Health Talk-LR 3:00 Out: Banking 3:30 OnSite Dermatology 6:30 Sequence-LR | 26 10:00 Ninety Degree Yoga with Elena-1 10:45 Montessori Visit-LR 2:30 <i>NEW</i> May Tran-LR Classical Pianist 3:45 Roll For It-LR 6:45 Bingo-1 | 27 10:00 Out: King Soopers 10:30 Strength & Balance Class-LR 2:00 Out: King Soopers 2:00 Sabbath Service-1 4:30 Happy Hour-LR | 28 2:00 Bridge-L 2:00 Movie-T 2:00 Out: Scenic Ride 2:15 Dice Scrabble-LR 6:45 Movie-T |
| 29 9:30 Pick up service to: Augustana Lutheran 2:00 Movie-T 2:15 Yahtzee-LR 3:00 Clip Coupons for the Military-L | 30 Book Mobile 10:00 Exercise Class-LR 11:15 Book Mobile-East Side of Building 2:00 Bridge-L 6:30 Broncos/Chiefs-T 6:30 Trivia-LR | 31 Halloween 10:00 Exercise Class-LR 10:30 Current Events-1 2:00 Men's Bridge-L 2:30 Halloween Party-LR 4:00 Catholic Communion-1 6:45 Bingo-1 | Springbrooke Retirement Living 6800 Leetsdale Dr. Denver, CO. 80224 303-331-9963 Cheryl Baldwin, Activity Dir. Jo Goodwin, Act. Asst | Resident Birthdays: 10/03 Holde Campbell 10/04 Lynn Hoolko 10/04 Eileen Jacobson 10/06 Aileen Marcus 10/07 Phyllis Conti 10/12 Ros Goldfield | Resident Birthdays (continued): 10/14 Lee Morein 10/14 Mary Jo Schmidt 10/22 Roy Shibata 10/25 Lyn DeLange 10/31 Pat Kennedy | Location Key: 1-1st Floor Activity Room 2B-2nd Floor Bistro 2DR-2nd Floor Dining 3-3rd Floor Activity Rm. B-1st Floor Bistro DR-1st Floor Dining Room L-Library T-Theatre LR-1st Floor Living Room |