

Independent Living~January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Springbrooke Retirement Living 6800 Leetsdale Dr. Denver, CO. 80224 303-331-9963 Cheryl Baldwin, Activity Dir. Jo Goodwin, Act. Asst</p>	<p>1 New Year's Day Full Moon <i>A Happy & Healthy 2018</i> <i>to our residents,</i> <i>their families & friends</i></p> <p>9:00 Rose Parade-T 2:00 Movie-T</p>	<p>2</p> <p>9:30 Dr. Costache-Podiatrist Bathtique</p> <p>10:00 Exercise Class-LR 10:30 Current Events-1 2:00 Blackjack-1 2:00 Men's Bridge-L 6:45 Bingo-3</p>	<p>3</p> <p>9:00 Out: Blackhawk 10:30 Smart Moves-LR 1:45 Protestant Worship-3 2:00 Bridge-L 6:30 Crossword Puzzle-LR</p>	<p>4</p> <p>10:00 Ninety Degree Yoga-1 2:30 Birthday/Welcome-LR Larry O'Connor-LR Pianist & Vocalist 3:45 Kings on the Corner-LR 6:45 Bingo-1</p>	<p>5</p> <p>10:00 Out: King Soopers 10:30 Strength & Balance Class-LR 2:00 Out: King Soopers 4:30 Happy Hour-LR</p>	<p>6 National Western Stock Show Begins 2:00 Bridge-L 2:00 Movie-T 2:00 Out: Scenic Drive 2:15 Jummy-LR 6:45 Saturday Night at the Movies-T</p>
<p>7</p> <p>9:30 Pick Up Service To: Augustana Lutheran 10:00 Catholic Liturgy-1 2:00 Movie-T 2:15 Qwirkle-LR</p>	<p>8 Book Mobile Elvis Born 1935 College Championship 10:00 Exercise Class-LR 11:15 Book Mobile-East Side Of Building 2:00 Bridge-L 6:30 Trivial Pursuit-LR</p>	<p>9</p> <p>10:00 Arthritis Exercise-LR 10:30 Current Events-1 2:00 Blackjack-1 2:00 Men's Bridge-L 3:45 Take Tree/Decorations Down-LR 6:45 Bingo-3</p>	<p>10</p> <p>10:30 Smart Moves-LR 10:30 Out: Bed, Bath, Beyond 1:30 Out: Walgreen's 1:45 Protestant Worship-3 2:00 Bridge-L 2:10 Postal Van-Front Entry 2:30 Rummikub-LR 6:30 Last Word-LR</p>	<p>11</p> <p>10:00 Ninety Degree Yoga-1 10:45 Montessori School-LR Bingo 2:30 Heather Gardens Road Show/Variety Show-LR 3:45 Activity Meeting-LR 6:45 Bingo-1</p>	<p>12</p> <p>10:00 Out: King Soopers 10:30 Strength & Balance Class-LR 2:00 Out: King Soopers 2:00 Sabbath Service-1 4:30 Happy Hour-LR</p>	<p>13</p> <p>2:00 Bridge-L 2:00 Movie-T 2:00 Out: Scenic Drive 2:15 Scrabble-LR 6:45 Saturday Night at the Movies-T</p>
<p>14</p> <p>9:30 Pick Up Service To: Augustana Lutheran 2:00 Movie-T 2:15 Pinochle-LR 2:15 Wii Bowling-1</p>	<p>15 Martin Luther King, Jr. Day 10:00 Exercise Class-LR 2:00 Baking with Zeldy-TBA 2:00 Bridge-L 5:00 Out: Dinner at Annie's Cafe</p>	<p>16</p> <p>10:00 Chair Tai Chi Class-T 10:30 Current Events-1 2:00 Blackjack-1 2:00 Men's Bridge-L 3:45 Chickenfoot 6:45 Bingo-3</p>	<p>17</p> <p>9:30 Podiatrist-Bathtique 10:30 Smart Moves-LR 10:30 Out: Target/Kohl's 1:30 Out: Littleton Museum 1:45 Protestant Worship-3 2:00 Bridge-L 3:30 Resident Meeting-T 6:30 Wheel of Fortune-LR</p>	<p>18</p> <p>10:00 Ninety Degree Yoga-1 10:45 Montessori School-LR Crafts 2:00 Men's Eight Ball-B 3:00 Rummy-LR 6:45 Bingo-1</p>	<p>19 National Hat Day Wear A Hat! 10:00 Out: King Soopers 10:30 Strength & Balance Class-LR 2:00 Out: King Soopers 4:30 Happy Hour-LR</p>	<p>20 Meet NFL Players! 2:00-4:00 Senior Huddle Up Join several retired NFL players to laugh, learn & listen-friends/family welcome! PLEASE RSVP 2:00 Bridge-L 6:45 Saturday Night Movie-T</p>
<p>21</p> <p>9:30 Pick Up Service To: Augustana Lutheran 2:00 Movie-T 2:15 Mexican Train-LR 3:00 Coffee & Cookies-B</p>	<p>22 Book Mobile 10:00 Exercise Class-LR 11:15 Book Mobile-East Side Of Building 2:00 Bridge-L 2:30 Active Minds-DR Argentina 6:30 Crossword Puzzle-LR</p>	<p>23</p> <p>10:00 Exercise Class-LR 10:30 Current Events-1 2:00 Blackjack-1 2:00 Men's Bridge-L 3:45 Chair Tai Chi-T 6:45 Bingo-3</p>	<p>24</p> <p>10:30 Smart Moves-LR 10:30 Out: Banking 1:30 Out: Banking 1:45 Protestant Worship-3 2:00 Bridge-L 2:30 Phase Ten-LR 6:30 Olympic Trivia-LR</p>	<p>25 1st Winter Olympic Games 1924 (France) 10:00 Ninety Degree Yoga-1 10:45 Montessori School-LR Board Games 2:30 Five Crowns-LR 3:45 Book Club-1 6:45 Bingo-1</p>	<p>26 Performance Tonight 10:00 Out: King Soopers 10:30 Strength & Balance Class-LR 2:00 Out: King Soopers 2:00 Sabbath Service-1 4:30 Happy Hour-LR 7:00 Opera Fanciers-LR</p>	<p>27</p> <p>11:00 Coffee & Donuts-LR 2:00 Bridge-L 2:00 Movie-T 2:00 Out: Scenic Drive 2:15 Bananagrams-LR 6:45 Saturday Night at the Movies-T</p>
<p>28 NFL Pro Bowl 9:30 Pick Up Service To: Augustana Lutheran 2:00 Movie-T 2:15 Pinochle-LR 2:15 Kings on the Corner-LR 3:00 Clip Coupons for the Military-L</p>	<p>29</p> <p>10:00 Exercise Class-LR 2:00 Bridge-L 2:00 Culinary Meeting with Keith-DR 2:30 Ladies Eight Ball-B 6:30 Wii Bowling-1</p>	<p>30</p> <p>10:00 Arthritis Exercise-LR 10:30 Current Events-1 2:00 Blackjack-1 2:00 Men's Bridge-L 3:45 Skip-Bo-LR 6:45 Bingo-3</p>	<p>31 Full Moon (Blue Moon) 10:30 Smart Moves-LR 11:15 Out: Nonna's 1:45 Protestant Worship-3 2:00 Bridge-L 2:30 Caring Senior Service: Root Beer Floats/Sundaes-LR 6:30 Scrabble-LR</p>	<p>Location Key: 1-1st Floor Activity Room 2B-2nd Floor Bistro 2DR-2nd Floor Dining 3-3rd Floor Activity Rm. B-1st Floor Bistro DR-1st Floor Dining Room L-Library T-Theatre</p>	<p>Resident Birthdays: 1/19 Walt Sato 1/31 Lenora Hofmann</p>	